

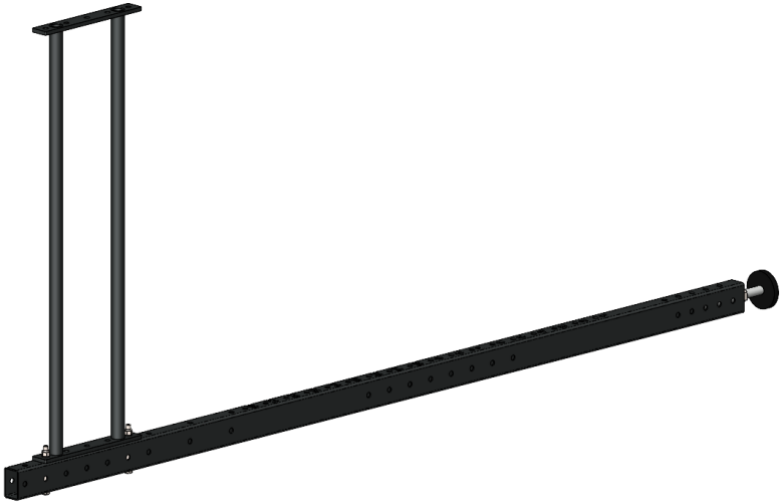

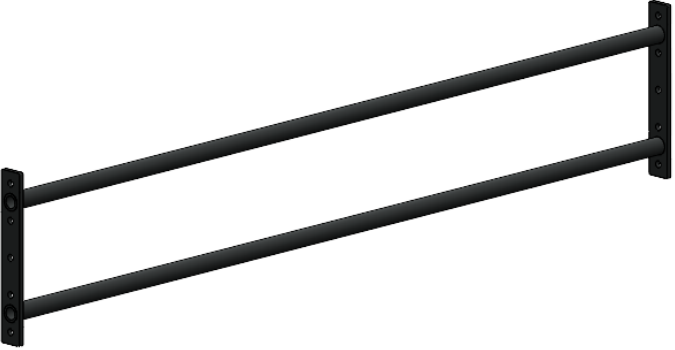


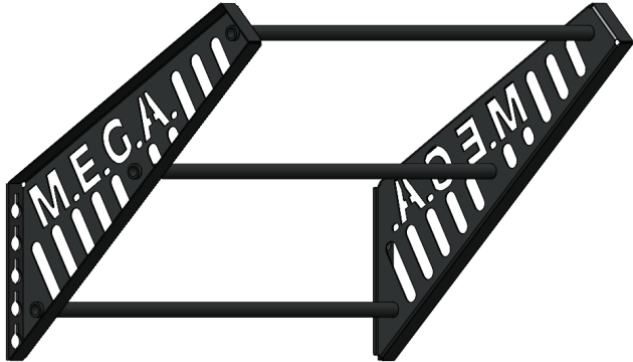




# **Instructiekaart IK DeploymentBox 10FT**



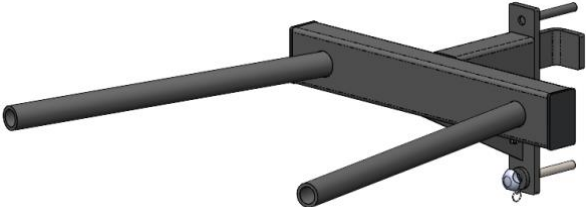
Number	Description	Quantity	Image
1	Twistarm set	2	
2	Backplate	1	

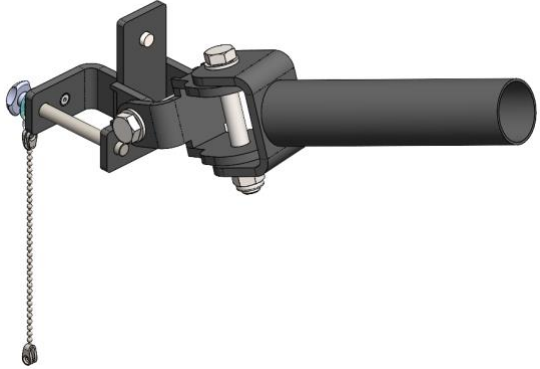
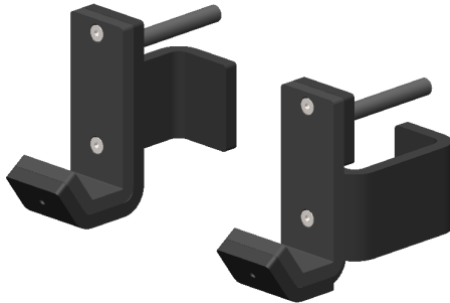
3	Pre-installed Upright	6	
4	Upright	2	

5	Pull-up bar long double	2	 A diagram of a long double pull-up bar. It consists of two parallel horizontal bars mounted on two vertical wall brackets. The bars are angled slightly upwards from left to right.
6	Pull-up bar short single	1	 A diagram of a short single pull-up bar. It consists of a single horizontal bar mounted on two vertical wall brackets. The bar is angled slightly upwards from left to right.


7	Double wallball target	1	
8	Flying pull-up 3 bars	1	

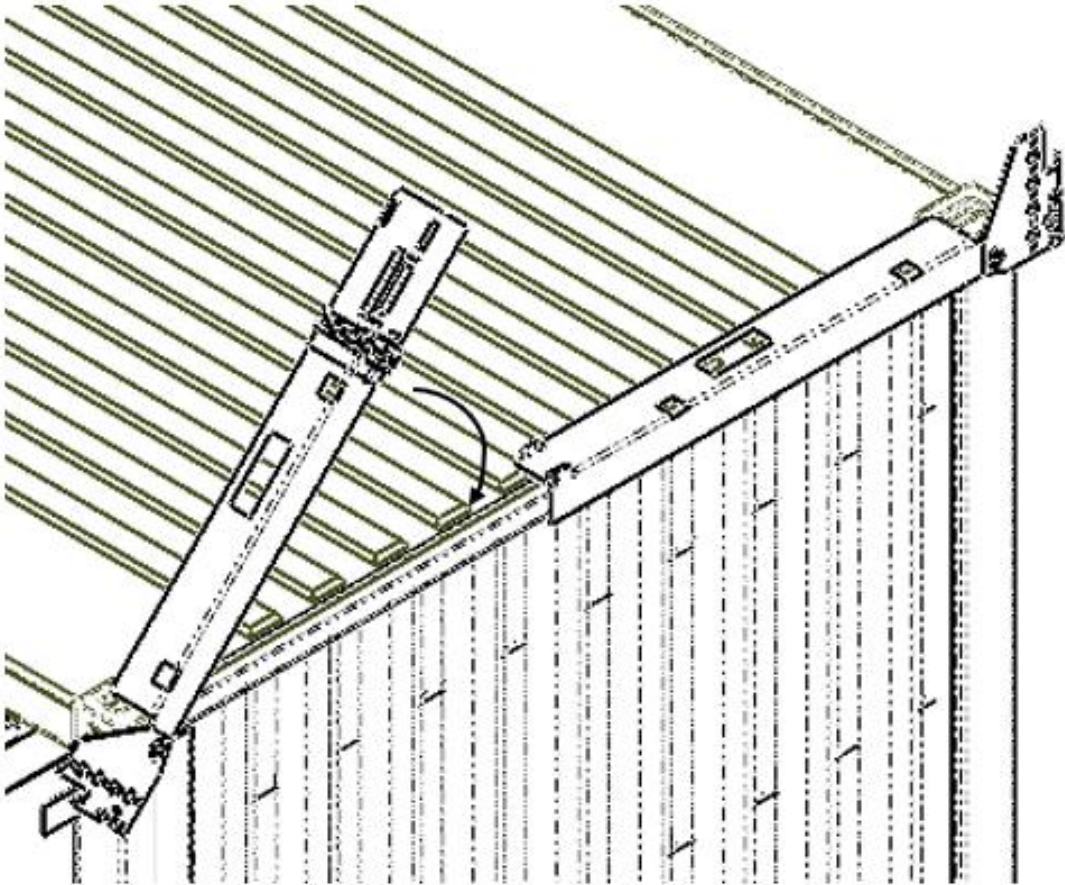
9	Boxing outrigger	1	
10	Beam short	3	

11	Upright climb extension	2	
12	Upright climb support	2	
13	Dipper	1	

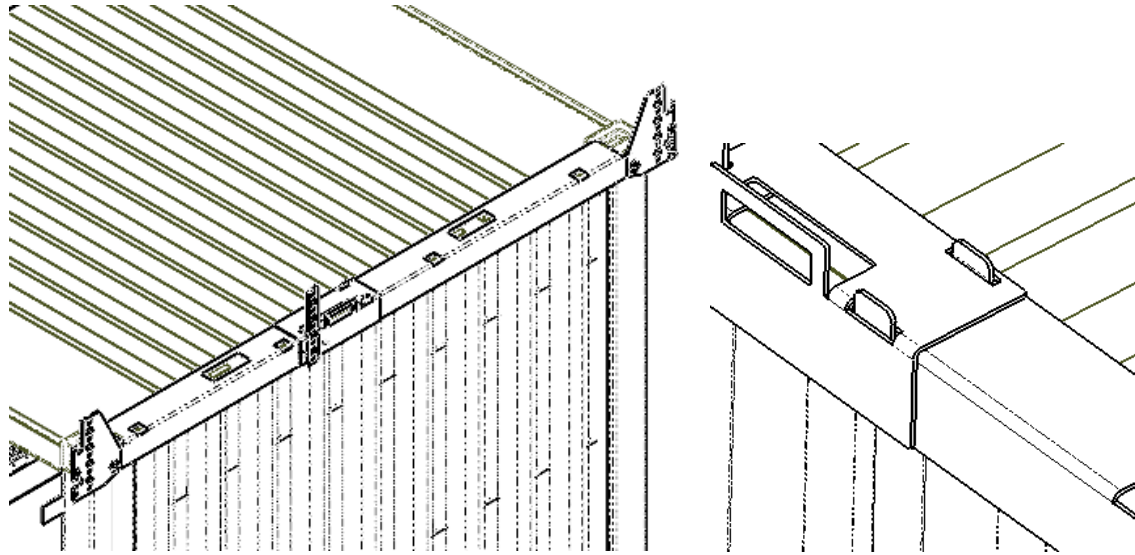
14	Pivot point	1	
15	Spotter cup set	1	



16	Spotter arm set	1	
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Step number	Image	Description
Step 1		<p>Place the twist arms at a 45 degree angle against the corner profiles of the container.</p>

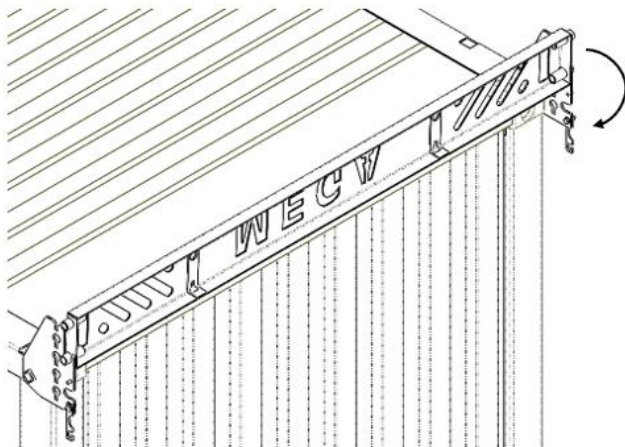
Step 2



The opposite twist arm easily locks in part 1.

Install the twistarms on both sides of the container.

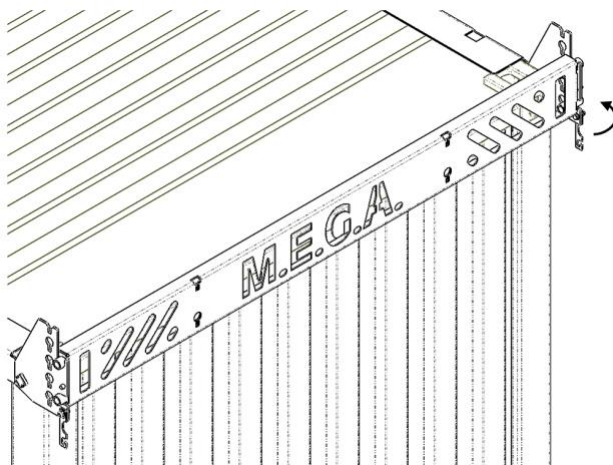
Step 3



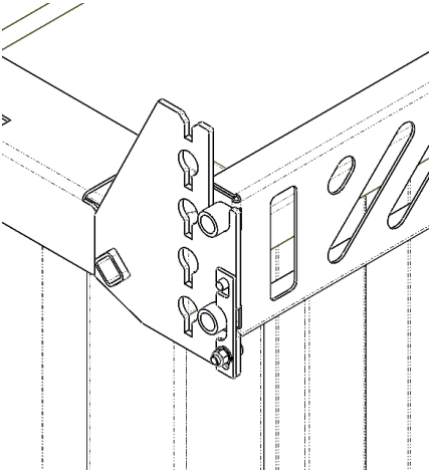
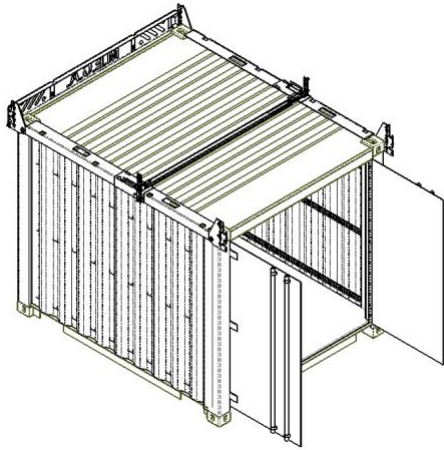
Open the locking mechanism of the backplate on both sides.

The top of the backplate needs to be placed first.

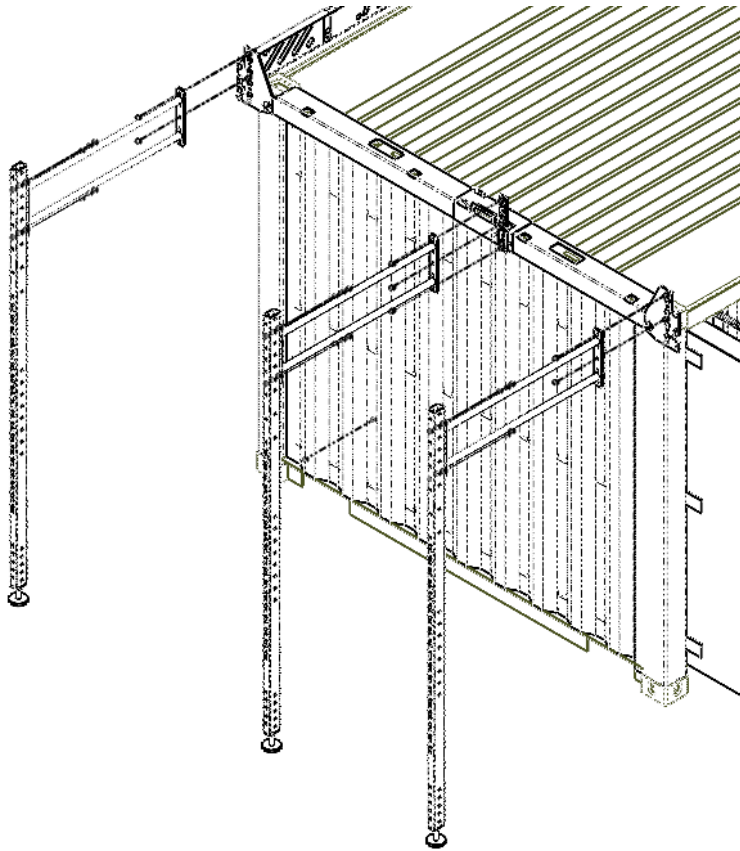
Step 4



When both sides are positioned in the recesses of the twist arms, the plate can be tilted and locked.

<p>Step 5</p>		<p>When the backplate is tilted, the locks can be closed and the backplate is locked in correctly.</p> <p>Tighten the bolts with the provided tools.</p>
<p>Step 6</p>		<p>Use the plastic guide to push the roofclamb mechanism over the roof of the container.</p> <p>Rotate the roofclamb mechanism 180 degrees, and lock de bolts in de twistarms.</p> <p>The clamp is completely closed when the hook of the second safety is fully locked.</p>

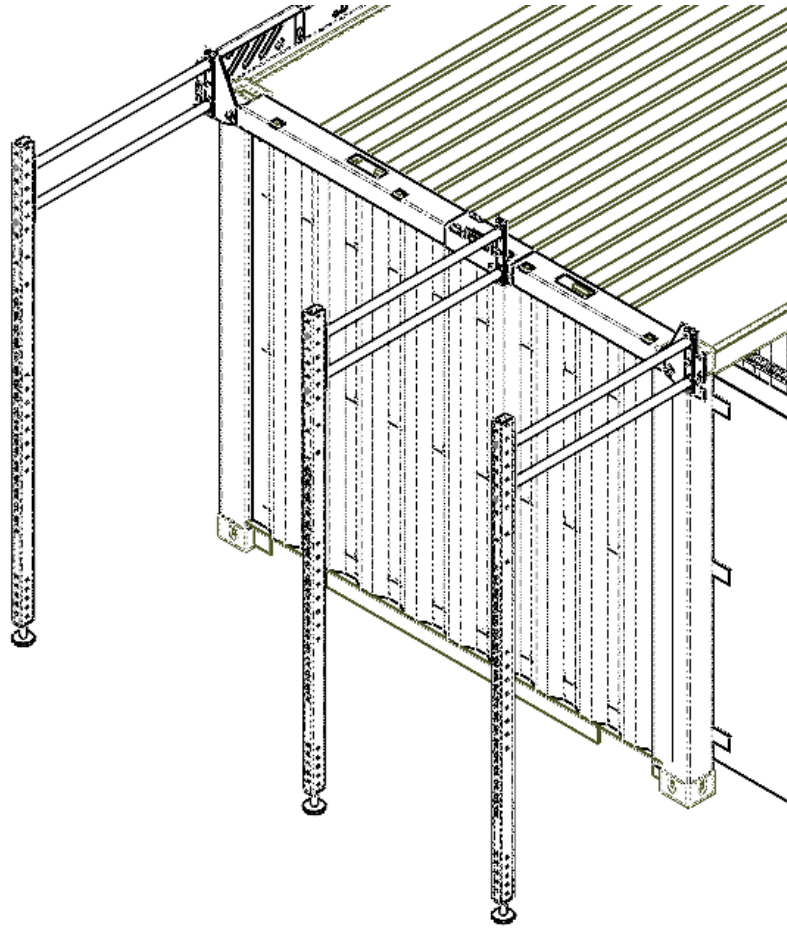
Step 7



The double pull-up bars are pre-installed on the uprights.

The lock bolts fall into their latches, tighten the bolts and repeat this with all uprights.

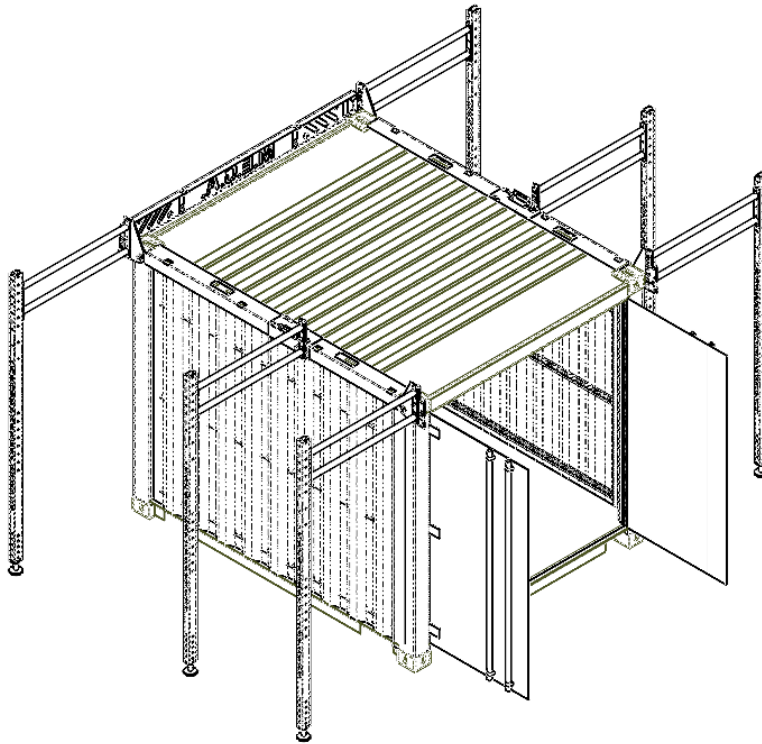
Step 8



The result of the previous step looks like this.

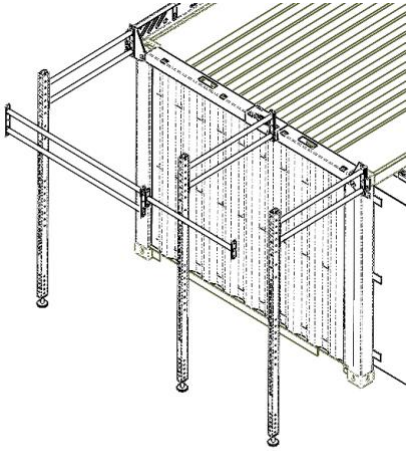
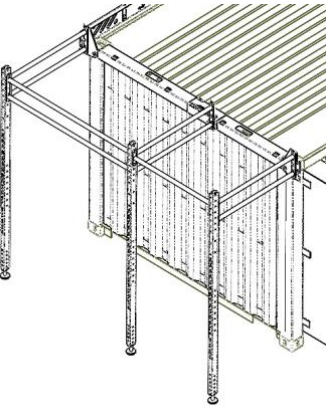


Step 9

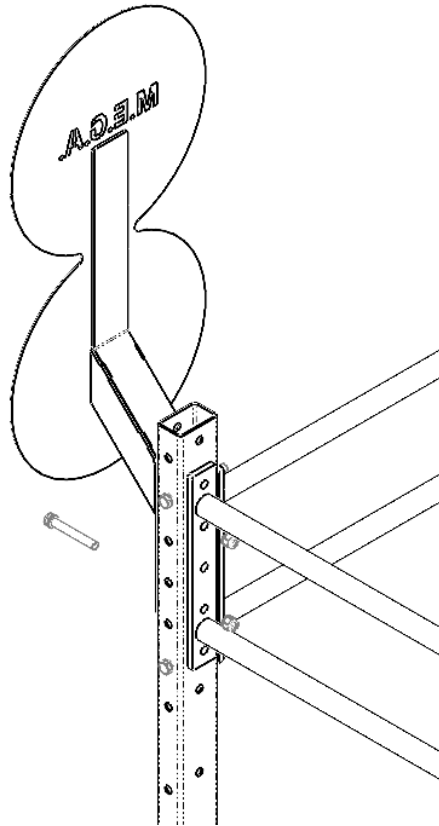


Complete overview of the upright structure.



Step 10		<p>Place the long double pull up bars in the large opening between the uprights. Use the M12x90 bolts.</p> <p>Repeat this on both sides of the container</p>
Step 11		<p>Place the single pull up bar in the small section between the uprights.</p> <p>Leave the bolts hand tighten, in a later moment we need to loosen them for attachment install.</p>

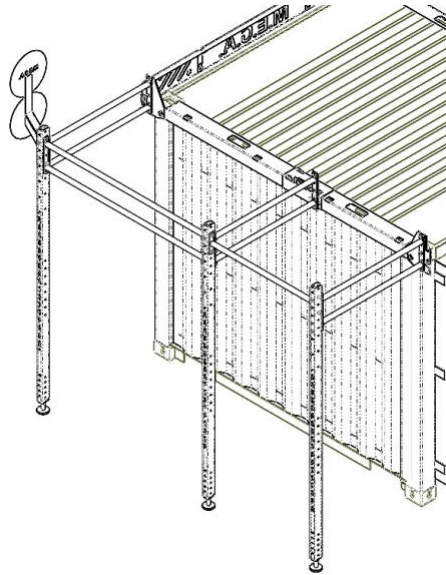
Step 12



Loosen the bolt and then reinstall it through the appropriate holes in the wallball target.

Tighten the bolts when the wallball target is mounted.

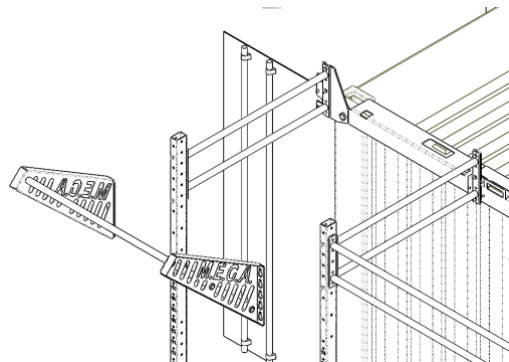
Step 13



Check that all bolts on the left side are tight. if not, fasten it.

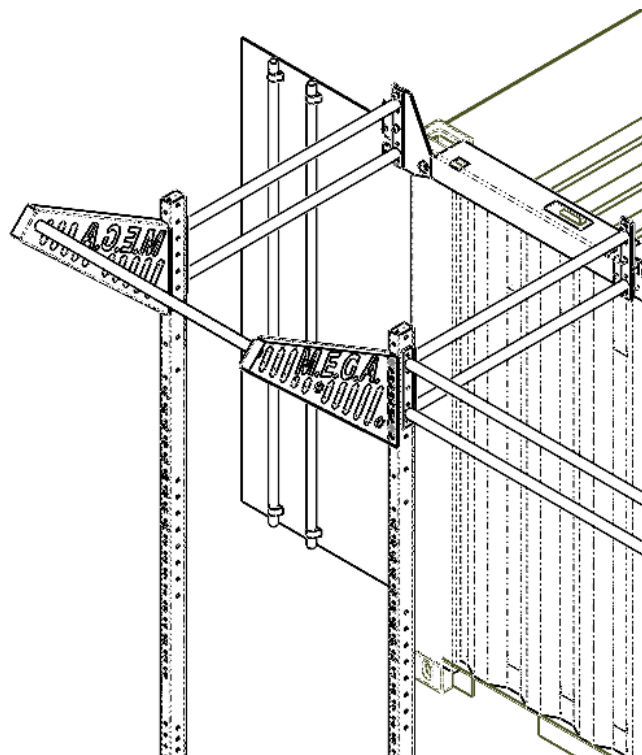
The left side is now ready to add attachments.

Step 14



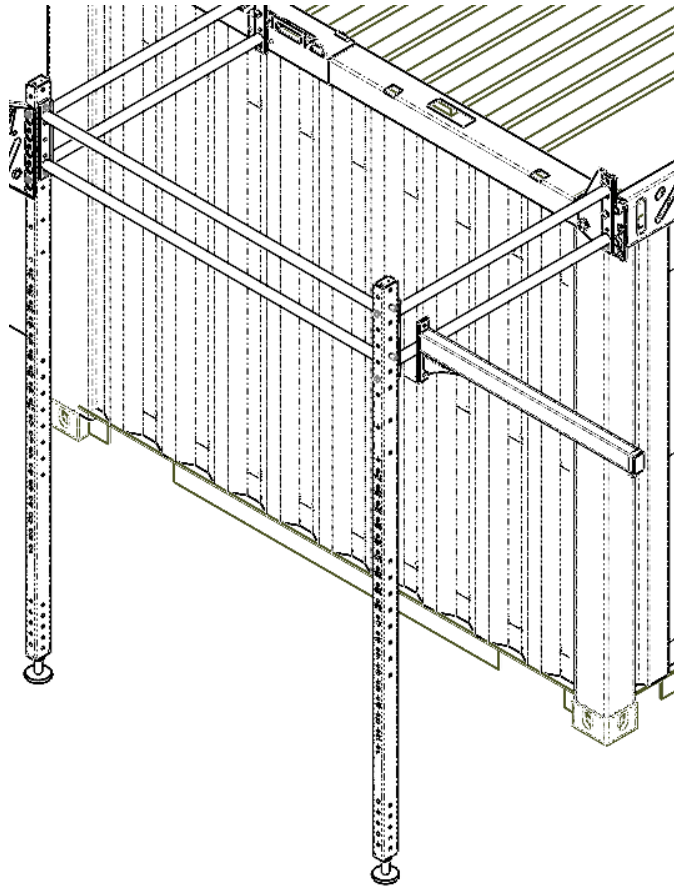
Loosen the bolts and push them out.

Step 15



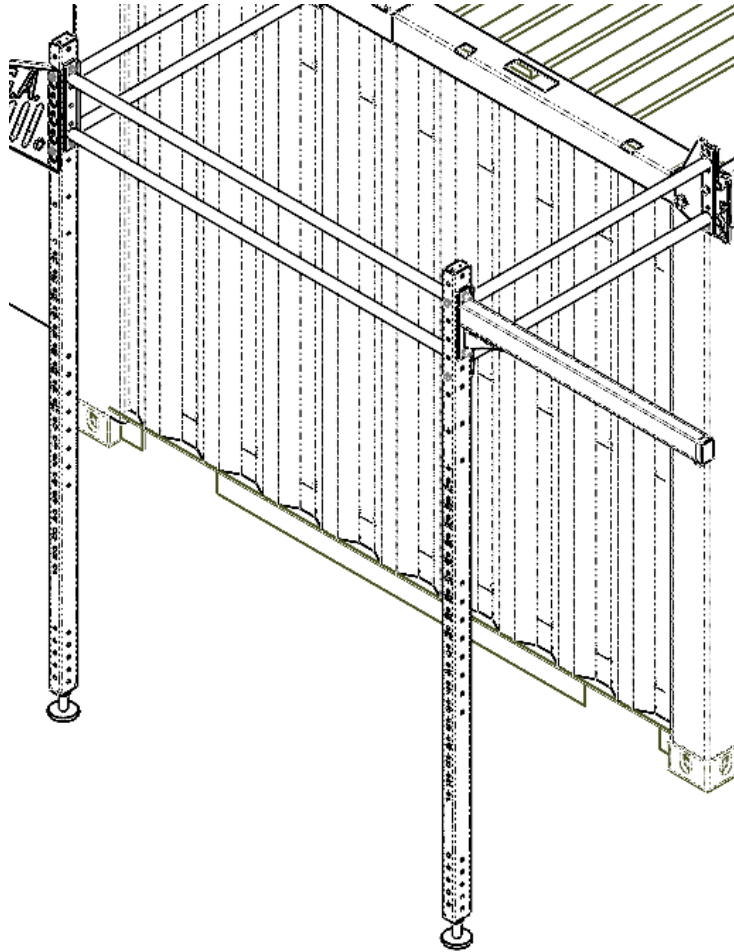
Hang the corner of the bar in place and lower it in its position and tighten the bolts.

Step 16



Loosen the bolt and then reinstall it through the appropriate holes in the outrigger.

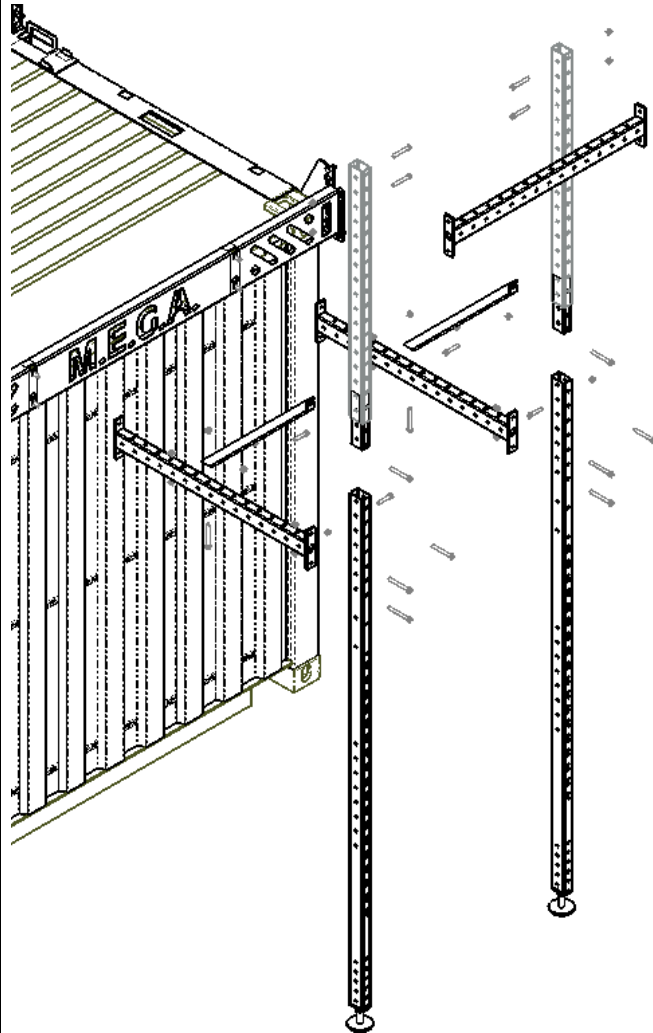
Step 17



Make sure all bolts are tightened before installing the attachment

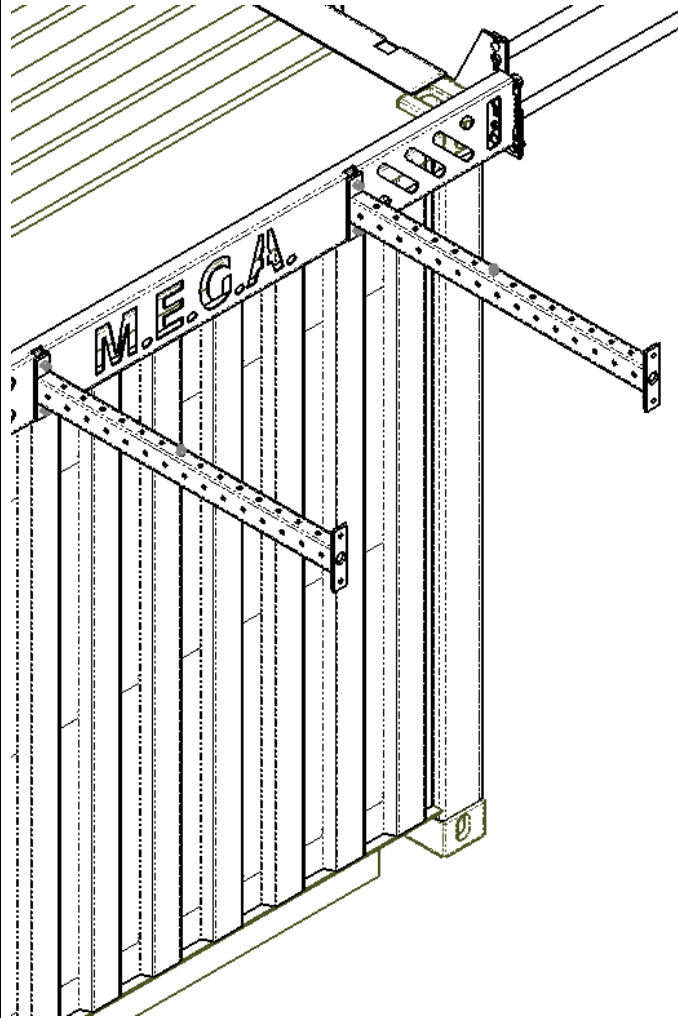
After checking, the right side is ready for attachments.

Step 18



Remove all rig parts from the rack and lay them out as shown.

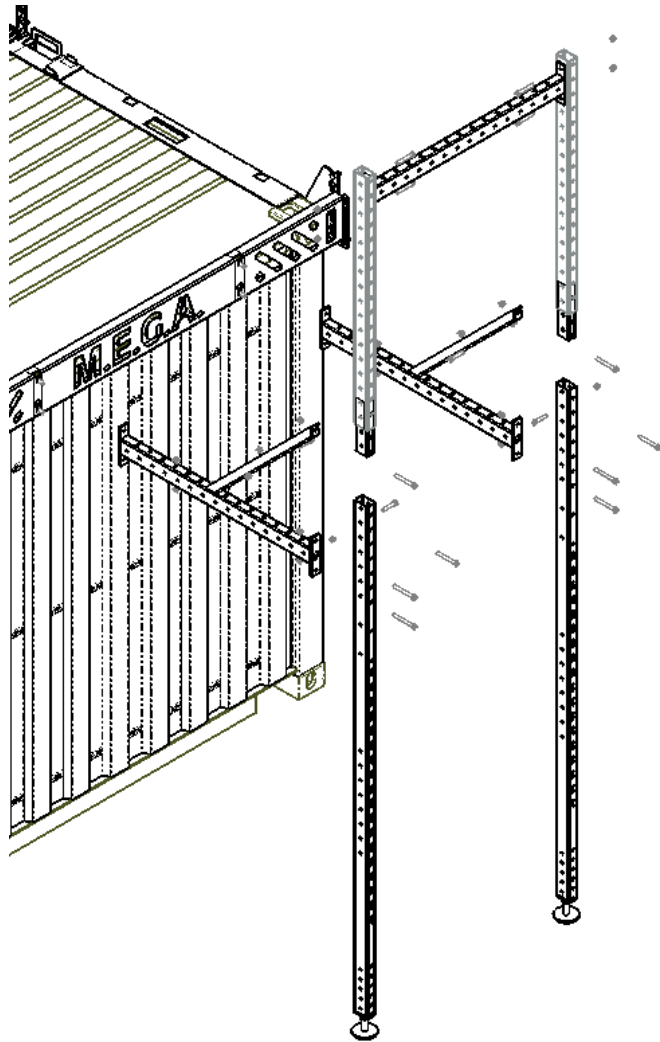
Step 19



Attach the beams with the lock bolts to the back plate and tighten the bolts.

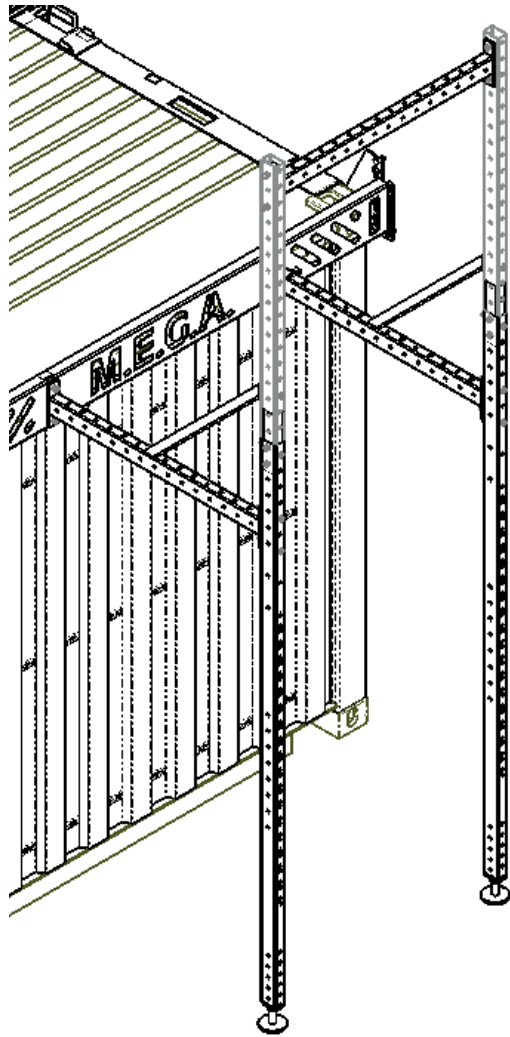


Step 20



Use the M12x90 bolts to secure the top beam short tot he uprights.

Step 21



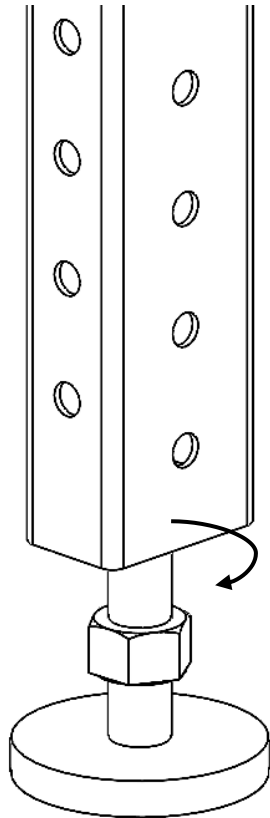
Bring the rope climb into a standing position and bolt it to the beams at the rear .

Use two M12x120 bolts to lock the rope climb to the short beams.

Connect the upright climb support in hole 4 vertically, use M12x110 bolts to tighten the upright climb support to the upright.

Bolt the upright climb support in hole 8 horizontal on the short beams.

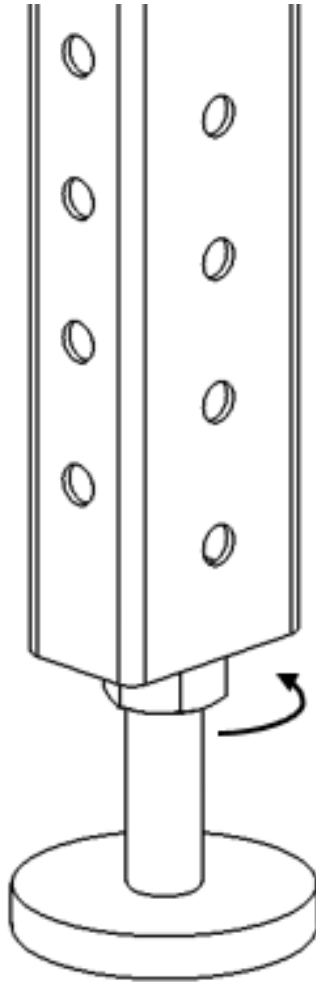
Step 22



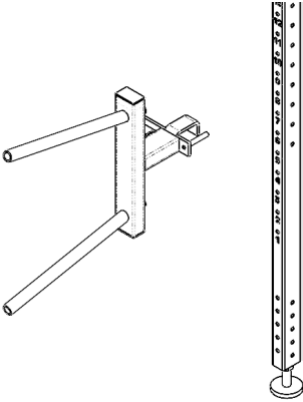
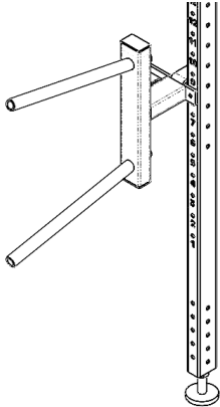
Loosen the locknut, turn the spindle out until its straight.

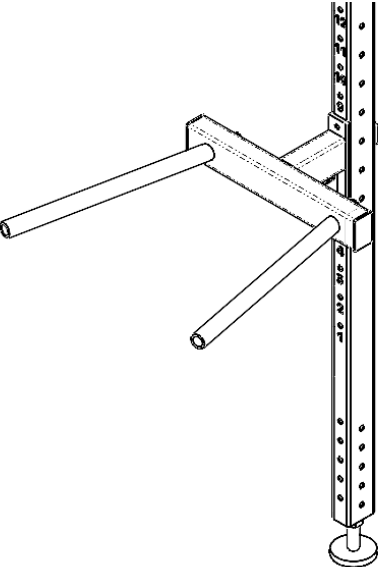
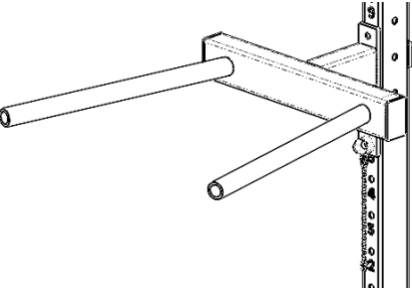
Check if the upright is straight by using a level

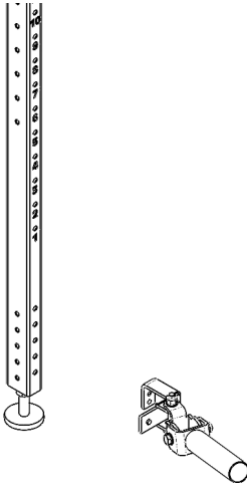
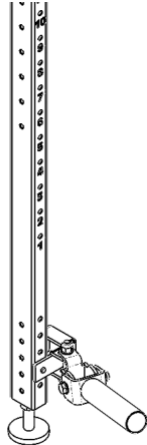
Step 23

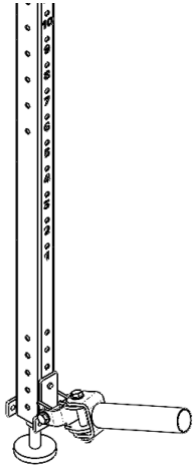
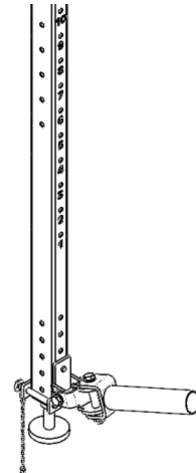


After the upright has been adjusted in height and leveled, the lock nut can be tightened again.

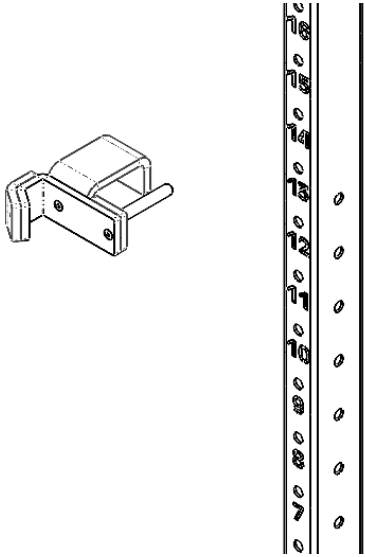
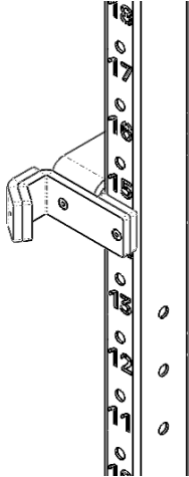
Step 24		<p>Hold the dipper on a 90 degree angle in front of the upright.</p> <p>The height of the dipper depends on the desired height.</p>
Step 25		<p>Slide the pin into the desired hole in the upright</p>


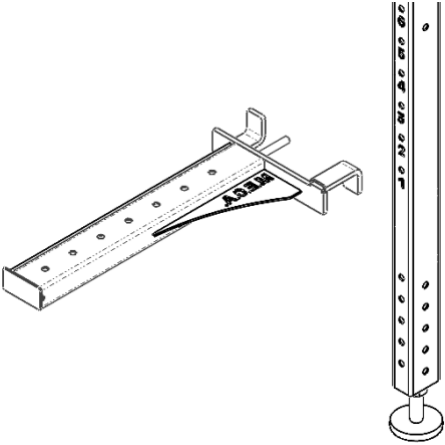
Step 26		<p>Rotate the dipper 90 degrees until it is fully connected to the rig.</p>
Step 27		<p>Place the safety pin in the hole at the bottom of the dipper. slide it through the upright until it is fully connected to the dipper</p>

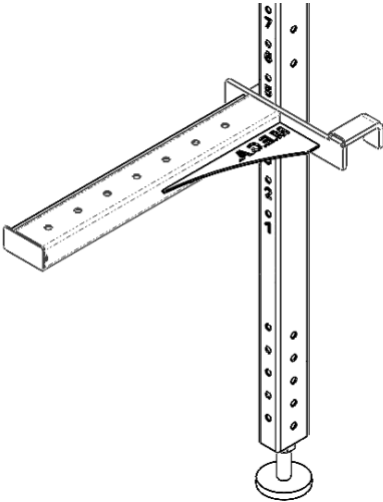
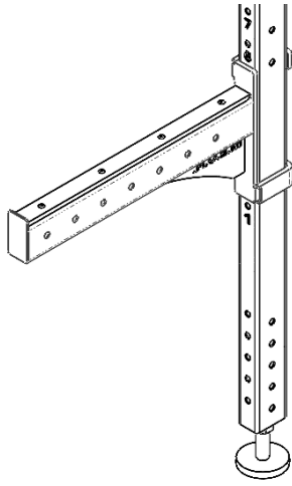
Step 28		Hold the pivot point under a 90 degree angle in front of the upright
Step 29		Slide the pin of the pivot point into the 2nd hole from the bottom of the upright

Step 30		Rotate the pivot point until it is fully seated with the upright.
Step 31		Slide the safety pin into the designated holes of the pivot point along the upright until it is fully seated.



<p>Step 32</p>		<p>Hold the spotter cup at an angle of 90 degrees in front of the upright.</p> <p>The height of the spotter cup depends on the desired height.</p>
<p>Step 33</p>		<p>Slide the spotting cup pin into the desired hole on the upright until it is fully seated</p>

Step 34		<p>Rotate the spotter cup until it is fully seated with the upright.</p> <p>Repeat this process to insert the other spotter cup</p>
Step 35		<p>Hold the spotter arm at a 90 degree angle in front of the upright.</p> <p>The height of the spotter cup depends on the desired height.</p>

Step 36		<p>Slide the spotting arm pin into the desired hole on the upright until it is fully seated.</p>
Step 37		<p>Hold the spotter arm at a 90 degree angle in front of the upright.</p> <p>Repeat this process to insert the other spotter arm.</p>